



# MOTHER EARTH LABS, INC.

## COMPREHENSIVE NUTRITION FORMULA

**Over 310**  
of the finest  
**All Natural**  
**Liquid Ingredients**

**Providing Superior Daily**  
**Whole Food**  
**Nutritional Support**

**Supercharged by Fulvic and**  
**Humic to Maximize Nutrient**  
**Absorption and Delivery to the**  
**Cells. Nutrients must make it to**  
**the cell to be used by the body.**

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**Supporting these Vital Areas for**  
**Optimum Health and Wellness.**

- Comprehensive Daily Nutritional Support
- Powerful Antioxidants to Neutralize Damaging Free Radicals
- Anti-Microbial Support and Immunity Enhancement
- Metabolic Support
- Anti-Aging and Youth Enhancement
- Energy, Mental Clarity and Alertness
- Weight Management
- Cellular and Mitochondria Energetic Enhancement
- Heart, Cardiovascular, and Lymphatic Circulatory and Blood Oxygenation Support
- Organ Cleanse and Detoxification
- Digestive Support and Colon Health
- Musculoskeletal Support
- Healthy pH Balance and Anti-Inflammatory Support
- Vision Enhancement

**AND MORE!**



Dietary Supplement • 32 FL. OZ. • 1 Quart

### Supplement Facts

**SUGGESTED USE:** As a Dietary Supplement 1oz Daily. Up to 2-3oz may be taken if needed. Best if followed by a full glass of water. May be taken with food. Best if taken as a split dose – 1/2 in the morning and 1/2 mid-afternoon. Avoid taking late in the day to avoid interference with sleep. **Shake Well Before Every Use** (settling is normal). **Refrigerate After Opening.** Keep out of Reach of Children. Do not use if pregnant or nursing unless instructed by a health care practitioner. Consult your Health Care Provider before use and if taking any other supplements or prescription medications for any interactions or contraindications.

	Amount Per Serving	% DV*
<b>Calories</b>	48	2.4%
<b>Total Carbohydrates</b>	11 g	2.0%
<b>Fat</b>	< 1 g	< 1.0%
<b>Sodium</b>	23 mg	< 1.0%
<b>Dietary Fiber</b>	2 g	8%
<b>Vitamin A</b>	2500 IU	50%
<small>(as natural beta carotene and mixed carotenoids)</small>		
<b>Vitamin B1</b> (as Benfotiamine pyrophosphate)	3 mg	200%
<b>Vitamin B1</b> (as Benfotiamine)	10 mg	†
<b>Vitamin B2</b> (as riboflavin 5-phosphate)	12 mg	700%
<b>Vitamin B3</b> (as Niacinamide)	50 mg	250%
<b>Vitamin B6</b>	8 mg	430%
<small>(as pyridoxine and pyridoxal 5-phosphate)</small>		
<b>Vitamin B12</b>	150 mcg	2450%
<b>Folate</b> (as 5-MTHF, lemon peel)	400 mcg	100%
<b>Biotin</b>	300 mcg	100%
<b>Vitamin C</b>	300 mg	500%
<small>(from Camu Camu berries and rose hips combined with citrus bioflavonoids, Sago Palm, Acerola and mineral ascorbate)</small>		
<b>Vitamin D-3</b> (as cholecalciferol)	1000 IU	250%
<b>Vitamin E</b> (as mixed tocopherols)	15 IU	50%
<b>Calcium</b>	250 mg	25%
<small>(as AbJion Labs' Calcium Lactate Gluconate, Ascorbate, Malate, Lithothamnion red algae)</small>		
<b>Magnesium</b>	250 mg	50%
<small>(as AbJion TRAACS® Magnesium Bisglycinate Chelate, gluconate, malate, chloride and Lithothamnion red algae)</small>		
<b>Zinc</b>	8 mg	50%
<small>(as AbJion TRAACS® Zinc Bisglycinate Chelate)</small>		
<b>Selenium</b> (as L-Selenomethionine)	40 mcg	57%
<b>Manganese</b>	1 mg	50%
<small>(as AbJion TRAACS® Manganese Bisglycinate Chelate)</small>		
<b>Chromium Polymucinate</b>	120 mcg	100%
<b>Lignin Extract</b> (Humic & Fulvic Acids)	325 mg	†
<b>Molybdenum</b>	37.5 mcg	50%
<small>(as AbJion TRAACS® Molybdenum Glycinate Chelate and molybdenate)</small>		
<b>Boron</b> (as citrate)	2 mg	†
<b>Phosphorus</b>	30 mg	3%
<b>Elemental Silica</b>	15 mg	†
<small>(from Silicon chelate, Bamboo and Horsetail Extract (equisetum arvense)(7% Silica) (aerial stems)</small>		
<b>MSM</b> (Methylsulfonylmethane)	250 mg	†

	Amount Per Serving	% DV*
<b>N-Acetyl-Cysteine (NAC)</b>	100 mg	†
<b>Glutamine</b>	200 mg	†
<b>L-Glycine</b>	50 mg	†
<b>Betaine HCl (TMG)</b>	100 mg	†
<b>N-Acetyl-Tyrosine (NALT)</b>	75 mg	†
<b>CoQ10</b>	50 mg	†
<b>Exclusive Proprietary Health and Wellness Nutrient Blends</b>		
<b>Pomegranate / Acai / Blueberry Super-Antioxidant Fruit and Berry Immune and Wellness Support Blend</b>		
<small>Pomegranate (Punica granatum) (fruit) Extract, Acai Berry (Euterpe oleracea marti) (fruit) Extract, Resveratrol (trans) (Polygonum cuspidatum root), Goji (Lycium barbarum) (fruit) Extract, Turmeric (Curcuma longa), Wild Blueberry (Vaccinium Angustifolium) (fruit) Extract, Amla (Phyllanthus emblic) (fruit) Extract, Mangosteen (Garcinia mangostana) (fruit) Extract, Noni (Morinda citrifolia) (fruit) Extract, Strawberry (Fragaria chiloensis) (fruit) Powder, Cranberry (Vaccinium macrocarpon) (fruit) Powder, Wild Bilberry (Vaccinium myrtillus) (fruit) Extract, Elderberry (Sambucus nigra) (fruit) Extract, Raspberry (Rubus idaeus) (seed) Powder</small>		
<b>Super Food Group for Stress Relief, Energy and Stamina</b>		
<small>Citrus Bioflavonoids from Lemon Peel, Bee Pollen (apis mellifica), Pau d'arco (tabebuia impetiginosa), Spirulina (arthrosira platensis), Chlorella (broken cell), Wheatgrass (tribitum vulgare)(leaf) (Gluten Free), Olive Leaf Extract (olea europaea) (15% oleuropein), Irish Moss (chondrus crispus) (whole plant), Grape Seed and Grape Skin (vitis vinifera), Holy Basil (Ocimum sanctum), Blue Green Algae (aphanizomenon flosaque), Horsetail Extract (equisetum arvense), Lithothamnium Calcareum, Cultivated Seaweed (lamnaria digitata), Phlorotannin extract from Canary Island Marine Algae, Pine Bark and Alpine Tea.</small>		
<b>Digestive Health and Systemic Enzymatic and Fiber Group</b>		
<small>Organic Plant Digestive and Systemic Enzyme Blend - Bromelain, Papain, Amylase (starch liquefying and digesting), Protease (protein solubilizing), Lipase (fat splitting), Cellulase and Hemicellulase (digestion of cellulose material), Lactase (milk and dairy digesting), NutraFlora ScFOS Probiotic Blend, Apple Pectin (malus domestica) (fruit), digestion resistant maltodextrin, Parsley (petroselinum crispum) (aerial parts), Cinnamon (cinnamomum zeylanicum) (bark), Fenugreek (trigonella foenugraecum) (seed)</small>		
<b>Methylation, DNA, Vision, Joint and Youth Regenerative Support Group</b>		
<small>MSM (Methylsulfonylmethane), Betaine (TMG), Glucosamine HCl USP, Grape Seed Extract (vitis vinifera) (95% polyphenols), Rhodiola Rosea (3% rosvains / 1% salidroside), Hyaluronic acid and Natural B Vitamin group including Folate</small>		
<b>Fruits and Greens Whole Food Nutritional and Immune System Support Blend</b>		
<small>Kiwi Hops (Rosa canina) leaf, Camu Camu (20% Vitamin C), Green Tea extract, Banana, Rose, Mango, Pineapple, Orange, Grapefruit, Lemon, Lime, Cranberry, Cherry, Raspberry, Red Pepper, Plum, Apricot, Ginger, Broccoli, Spinach, Kale, Cabbage, Bilberry, Guava, Annatto, and Apple extract.</small>		

	Amount Per Serving	% DV*
<b>Liver Cleanse &amp; Detox</b>		
<small>Milk Thistle Extract (silybum marianum) (80% silymarin), Wolfberry (lycium chinese mill) (berry) extract, Sarsaparilla Root (smilax officinalis), Horsetail Extract (equisetum arvense) (7% Silica) (aerial stems), Goji berry (Lycium barbarum) extract, Suma (pfaffia paniculata), Alfalfa Extract (medicago sativa), Burdock Root (arctium minus)</small>		
<b>Cardiovascular Support Complex</b>		
<small>Hawthorn Berry (fructus crataegi) 4:1 Extract, Acai Berry (euterpe oleracea marti) 4:1 Extract, Horse Chestnut (aesculus hippocastanum) (seed), Red Korean Ginseng (radix panax C.A. meyer) (root), Ginkgo Biloba (24:6), Eleuthero (eleutheroкокк senticosus) (0.8% eleutherosides), Coenzyme CoQ10, Garlic (allium sativum) (cloves).</small>		
<b>Protein Building Block Amino Acid Group</b>		
<small>N-Acetyl-Cysteine, L-Alanine, L-Arginine, L-Asparagine, L-Cystine, L-Glutamic Acid, L-Glycine, L-Histidine, L-Isoleucine, L-Leucine, L-Lysine, L-Methionine, L-Phenylalanine, L-Proline, L-Serine, L-Threonine, L-Tyrosine, L-Valine</small>		
<b>Natural Carotenoid Blend</b>		
<small>Tomato-O-Red® and Lycopodium® (containing lycopene, beta-carotene, phytoene, phytylflavone from natural tomato extract)</small>		
<b>74+ Organic, Ionic Macro, Micro and Trace Minerals from Fulvic and Humic Acids</b>		
<small>Including Magnesium, Potassium, Calcium, Carbon, Silicon, Sodium, Sulfur, Zinc, Lithium, Strontium, Thorium, Lanthanum, Copper, Manganese, Zirconium, Neodymium, Vanadium, Gallium, Boron, Cerium, Praseodymium, Molybdenum, Chromium, Cobalt, Barium, Samarium, Chloride, Tin, Phosphorus, Niobium, Hafnium, Dysprosium, Rubidium, Tungsten, Beryllium, Yttrium, Erbium, Potassium, Calcium, Palladium, Titanium, Germanium, Europium, Iodine, Cesium, Selenium, Scandium, Terbium, Bromine, Holmium, Bismuth, Silver, Thulium, Lithium, Lutetium, Indium, Antimony, Platinum, Gold, Iridium, Lincenic Acid</small>		
<b>Essential Fatty Acids</b>		
<small>Flax Oil (omega 3 fatty acids), Borage Oil, Evening Primrose (GLA), Sunflower Lecithin (providing phosphatidyls), Lincenic Acid (plant-source for omega 3 fatty acids)</small>		
<b>Other Ingredients</b>		
<small>Purified Water, Aloe Vera Juice, Pomegranate Juice, Blueberry Juice, Elderberry Juice, Natural Flavouring, Stevia (Stevia rebaudiana), Monk Fruit, Vegetable Glycerin USP, Natural Preservatives, Citric acid</small>		

†Daily Value not established.

