



MOTHER EARTH LABS, INC. OSTEO-WELLNESS

Includes Vitamin K2 and D3, a
Balanced Ionic Mineral Complex
and Other Ingredients especially
critical for Healthier Bones.

Providing Comprehensive
Nutritional Support that also
Helps Maintain Strong Bones.

Supercharged by Fulvic and Humic
to Maximize Nutrient Absorption
and Delivery to the Cells.

This product is Non-GMO. This product is an All-Natural, Plant-derived Vegetarian Formula Sourced in the USA. This product does not contain any corn, sucrose, dairy, casein, salt, starch, yeast, soy derivatives, wheat, gluten, artificial colorings or flavorings. These statements have not been evaluated by the FDA. This product is a dietary supplement and not intended to diagnose, treat, cure, or prevent any disease.

Manufactured and Distributed by
Mother Earth Labs, Inc.
www.motherearthlabs.com
210-408-2800



Dietary Supplement
32 FL. OZ. • 1 Quart



Supplement Facts

SUGGESTED USE: As a Dietary Supplement 1oz Daily. Up to 2-3oz may be taken if needed. Best if followed by a full glass of water. May be taken with food. Best if taken as a split dose – 1/2 in the morning and 1/2 mid-afternoon. Avoid taking late in the day to avoid interference with sleep. **Shake Well Before Every Use** (settling is normal). **Refrigerate After Opening.** Keep out of Reach of Children. Do not use if pregnant or nursing unless instructed by a health care practitioner. Consult your Health Care Provider before use and if taking any other supplements or prescription medications for any interactions or contraindications.

	Amount Per Serving	% DV*
Calories	48	2.4%
Total Carbohydrates	11 g	2.0%
Fat	< 1 g	< 1.0%
Sodium	23 mg	< 1.0%
Dietary Fiber	2 g	8.0%
Bone Nourishing Group	2,550 mg	†
Activated Fulvic Minerals (Calcium, Magnesium, Silica, Phosphorus, Boron, Strontium, Manganese, Zinc, Copper), Vitamin D3, Vitamin K2, and a Select Alkalinizing and Cleansing Herbal Botanical Group: Atichoke (Cynara scolymus) (Leaf), Aloe (Aloe barbadensis), Dandelion Greens (Taraxacum officinale), Turmeric (Curcuma longa)		
Vitamin A (as natural beta carotene and mixed carotenoids)	2500 IU	50%
Vitamin B1 (as thiamine HCl)	6.75 mg	450%
Vitamin B1 (as benfotiamine USP)	10.0 mg	†
Vitamin B2 (as riboflavin 5'-phosphate)	11.9 mg	700%
Vitamin B3 (as niacinamide)	100 mg	500%
Vitamin B5 (as d-calcium pantothenate)	20 mg	333%
Vitamin B6 (as pyridoxine and pyridoxal 5'-phosphate)	13.5 mg	725%
Vitamin B12 (as methylcobalamin)	150 mcg	2450%
Folate (as 5-MTHF)	400 mcg	100%
Biotin	300 mcg	100%
Vitamin C (from Camu camu berries and rose hips combined with citrus bioflavonoids, Sago palm, Acerola and mineral ascorbate)	300 mg	500%
Vitamin D-3 (as cholecalciferol)	1000 IU	250%
Vitamin K2 (as Mena-Q7™)	100 mcg	125%
Vitamin E (as mixed tocopherols)	30 IU	100.0%
Calcium (as Albion Labs Calcium Lactate Gluconate, Ascorbate, Malate, Lithothamnion red algae)	500 mg	50%
Magnesium (as Albion Labs Magnesium gluconate and Malate, chloride, Lithothamnion red algae)	500 mg	100%
Zinc (as Albion TRAACS® Zinc Bisglycinate Chelate)	8 mg	50%
Selenium (as L-Selenomethionine)	40 mcg	57%
Manganese (as Albion TRAACS® Manganese Bisglycinate Chelate)	1 mg	50%
Chromium (as Albion TRAACS® Nicotinate Glycinate Chelate)	120 mcg	100%
Lignite Extract (with Humic and Fulvic Acids)	325 mg	†
Molybdenum (as Albion TRAACS® Molybdenum Glycinate Chelate and molybdenate)	42 mcg	†
Boron (as Bororagon™ Glycine)	2 mg	†
Elemental Silica (from Silicon chelate and Horsetail Extract (equisetum arvense) (7% Silica) (aerial stems)	15 mg	†

	Amount Per Serving	% DV*
MSM (as Opti-MSM™)	250 mg	†
N-Acetyl-Cysteine (NAC)	100 mg	†
Glutamine	200 mg	†
L-Glycine	50 mg	†
Betaine HCl	100 mg	†
N-Acetyl-Tyrosine (NALT)	75 mg	†
CoQ10	50mg	†
Professional Strength Exclusive Proprietary Nutrient Blends	133,720 mg/L	†
Antioxidant and Immune Wellness Blend Pomegranate (punica granatum), Acai Berry (Euterpe oleracea maritima), Resveratrol (trans) (Polygonum cuspidatum root), Gogi (Lycium barbarum), Wild Blueberry (Vaccinium Angustifolium) (fruit) Extract, Olive Leaf Extract (olea europaea) (15% oleuropein), Amla (Phyllanthus emblica), Mangosteen extract (garcinia mangostana), Noni Extract (Morinda citrifolia) (fruit), Strawberry (Fragaria chiloensis) (fruit) Powder, Cranberry (Vaccinium macrocarpon) (fruit) Powder, Wild Bilberry (Vaccinium myrtillus) (fruit) Extract, Elderberry (Sambucus nigra) (fruit) Extract, Raspberry (Rubus idaeus) (seed) Powder, L-Glycine, N-Acetyl-Cysteine (NAC), Silica, Zinc, Selenium		
Methylation (MTHFR), DNA, Stress Relief, Energy, Stamina and Brain Health Blend Vitamin B Complex Vitamins in Natural Methylated and Phosphorylated forms, Betaine HCl, Citrus Bioflavonoids, Bee Pollen (apis mellifica), Gingko Biloba (24/6), Pau d'arco (tabebuia impetiginosa), Chromium, Vanadium, N-Acetyl-Tyrosine, Selenium, Zinc		
Endocrine (Neuro, Adrenal, Thyroid) Stress Relief, Energy and Stamina Blend Natural Vitamin B Complex Vitamins, Biotin, Vitamin C, Magnesium, Zinc, N-Acetyl-Tyrosine, N-Acetyl Cysteine (NAC), Lithothamnium Calcareum, Cultivated Seaweed (Laminaria digitata), Phlorotannin extract from Canary Island marine algae, Fenugreek, Holy Basil (Ocimum sanctum), Alpine Tea, Chromium, Vanadium		
GI Health and Integrity, Digestive Enzymatic and Prebiotic Fiber Blend Organic Plant Digestive Enzyme Blend - Bromelain, Papan, Amylase (starch liquefying and digesting), Protease (protein solubilizing), Lipase (fat splitting), Cellulase and Hemicellulase (digestion of cellulose material), Lactase (milk and dairy digesting), NutraFlora SoFOS Prebiotic Blend, digestion resistant maltodextrin, Isomaltoligosaccharides (prebiotic fiber), Apple Pectin (malus domestica) (fruit), Parsley (petroselinum crispum) (aerial parts), Cinnamon (cinnamomum zeylanicum) (bark), Fenugreek (trigonella foenum-graecum) (seed), Betaine HCl, Glutamine		
Joint, Connective Tissue, Muscle, Bone and Youth Regenerative Blend MSM (as Opti-MSM™) Methyl-sulfonylmethane), TMG (Trimethylglycine), Glucosamine HCl USP, Grape Seed Extract (vitis vinifera) (95% polyphenols), Rhodiola Rosea (3% rosvins / 1% salidroside), Hyaluronic acid, Phosphorus (Tri-calcium phosphate), Vitamin K2 (as menaquinone-7), Vitamin D-3 (as cholecalciferol)		
Organic Fruits and Greens Whole Food Nutritional Blend Spirulina (arthropsira platensis), Chlorella (broken cell), Wheatgrass (triticum vulgare) leaf (Gluten Free), Olive Leaf Extract (olea europaea) (15% oleuropein), Irish Moss (chondrus crispus) (whole plant), Grape Seed and Grape Skin (vitis vinifera), Blue Green Algae (aphanizomenon flosaquae), Horsetail Extract (equisetum arvense), Lithothamnium		

Serving Size: 1 Fl. Oz. (2 Tbs) • Servings Per Container - 32

	Amount Per Serving	% DV*
Calcium, Cultivated Seaweed (Laminaria digitata), Phlorotannin extract from Canary Island marine algae, Holy Basil (Ocimum sanctum), Gingko biloba, Rose Hips (Rosa canina) leaf, Camu Camu (20% Vitamin C), Green Tea extract, Banana, Kiwi, Mango, Pineapple, Orange, Grapefruit, Lemon, Lime, Cranberry, Cherry, Raspberry, Red Pepper, Plum, Apricot, Ginger, Broccoli, Spinach, Kale, Cabbage.		
Systemic and Liver Detox Support Blend Horsetail Extract (equisetum arvense) (7% Silica) (aerial stems), Milk Thistle (Silybum maritimum), Gogi berry (Lycium barbarum) extract, Pau d'arco (tabebuia impetiginosa), Spirulina (arthropsira platensis), Chlorella (broken cell), Suma (ptiffia paniculata), Olive Leaf Extract (olea europaea) (15% oleuropein), Alfalfa Extract (medicago sativa), Bromelain, Parsley, Fenugreek, Burdock Root (arctium minus), N-Acetyl-Cysteine (NAC)		
Cardiovascular, Nitric Oxide, Brain and Cognitive Support Blend Pomegranate (punica granatum), Resveratrol (trans) (Polygonum cuspidatum root), Hawthorn Berry (fructus crataegi) 4:1 Extract, Acai Berry (Euterpe oleracea maritima) 4:1 Extract, Horse Chestnut (aesculus hippocastanum) (seed), L-Citrulline, Taurine, Red Korean Ginseng (radix panax CA. meyer) (root), Gingko Biloba (24/6), Eleuthero (eleutherococcus senticosus) (3.8% eleutherosides), Coenzyme Q10 (as ubiquinone), Pine Bark and Alpine Tea, Garlic (allium sativum) (doves)		
Protein Building Block Amino Acid Blend N-Acetyl-Cysteine, L-Alanine, L-Arginine, L-Aspartic Acid, L-Cystine, L-Glutamic Acid, L-Glycine, L-Histidine, L-Isoleucine, L-Leucine, L-Lysine, L-Methionine, L-Phenylalanine, L-Proline, L-Serine, L-Threonine, L-Tyrosine, L-Valine		
Natural Carotenoid Blend Tomat-O-Red™ and Lyc-O-Mato™ (containing lycopene, beta-carotene, phytoene, phytylflavene from natural tomato extract)		
Ionic Macro, Micro and Trace Mineral Blend from Fulvic and Humic Acids Including Magnesium, Potassium, Calcium, Carbon, Silicon, Sodium, Sulfur, Zinc, Lithium, Strontium, Thorium, Lanthanum, Copper, Manganese, Zirconium, Neodymium, Vanadium, Gallium, Boron, Cerium, Praseodymium, Molybdenum, Chromium, Cobalt, Barium, Samarium, Chloride, Tin, Phosphorus, Niobium, Hafnium, Dysprosium, Rubidium, Tungsten, Beryllium, Yttrium, Erbium, Palladium, Titanium, Germanium, Europium, Iodine, Cesium, Selenium, Scandium, Terbium, Bromine, Holmium, Bismuth, Silver, Thulium, Radium, Lutetium, Indium, Antimony, Platinum, Gold, Iridium		
Essential Fatty Acids Blend Flax Oil (omega 3 fatty acids), Borage Oil (source of gamma linolenic, linoleic, oleic, stearic, and palmitic fatty acids), Evening Primrose (O.E.), Sunflower Lecithin (providing phospholipids), Sunflower Oil, Linoleic Acid (omega fatty acids)		
Other Ingredients Purified Water, Aloe Vera Juice, Pomegranate Juice, Blueberry Juice, Elderberry Juice, Natural Flavoring, Stevia (Stevia rebaudiana), Monk Fruit, Vegetable Glycerin USP, Natural Preservatives, Citric acid		

*Daily Value not established.



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